

**PHILIPS**

*DreamStation 2*

CPAP Advanced

Auto CPAP Advanced

# Patient

quick start guide



# Connecting to DreamMapper

Sync your device to your tablet or mobile phone using the DreamMapper app, available in the App Store and Google Play.



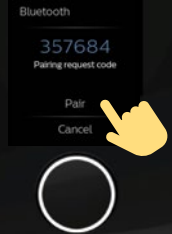
1

With the device and mobile phone powered up and in close proximity, initiate **Bluetooth** setup and pairing in **DreamMapper**. Follow the pairing instructions in **DreamMapper**.



2

A **6-digit PIN** will appear on the DreamStation 2 screen. Depending on your phone, you will need to either enter the **PIN** into **DreamMapper** or tap **"Pair"** on the device screen within 30 seconds to complete the pairing.



3

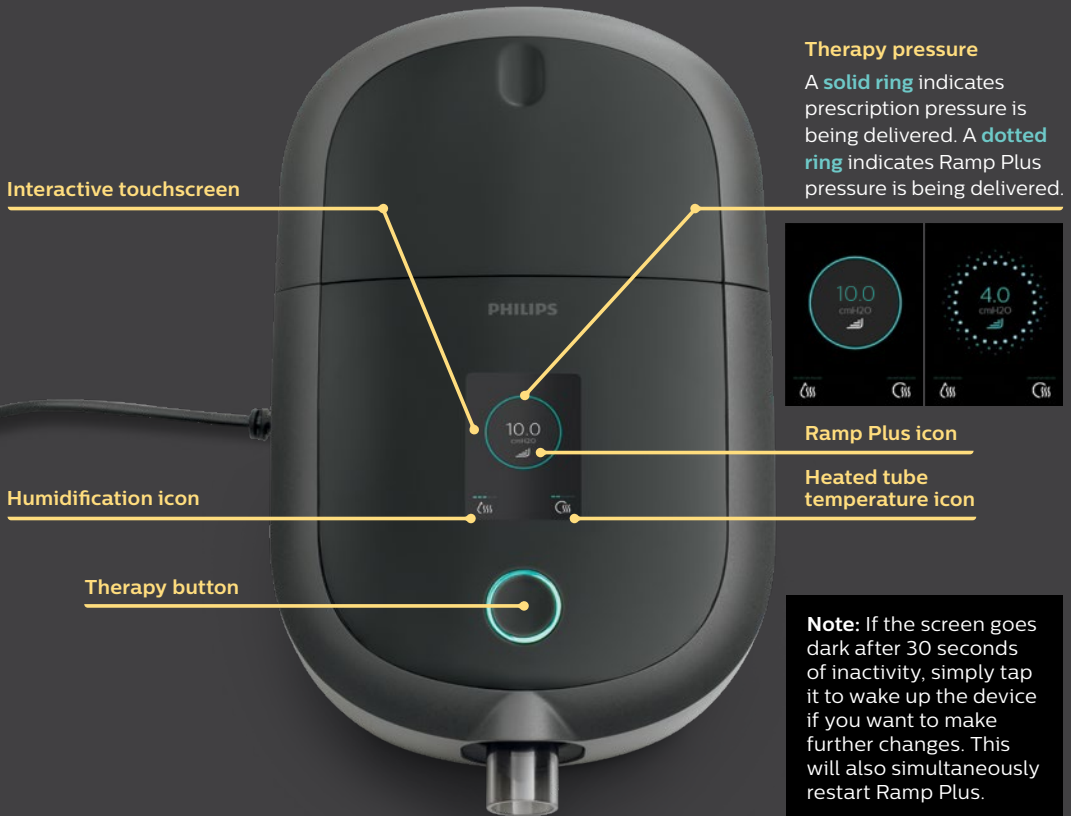
The screen displays **"Pairing to Device"** and then **"Success: Bluetooth Device is now paired."**





# Get started with therapy

To begin therapy, press the **Therapy button**.  
A **blue ring** indicates therapy is on.



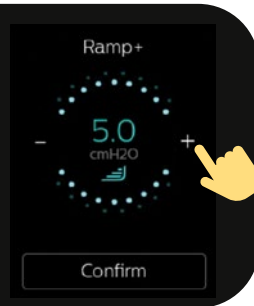
## Customize your settings

### Ramp Plus

The **Ramp Plus** feature allows you to set a comfortable starting pressure while you fall asleep.

1. Tap the **Ramp Plus** icon to view and adjust your **Ramp Plus** pressure.
2. Tap the + or - symbols until you reach a comfortable setting.  
**Ramp Plus** settings can be turned off or set from 4 to 10 cm H<sub>2</sub>O.
3. Tap “Confirm” to save the setting.

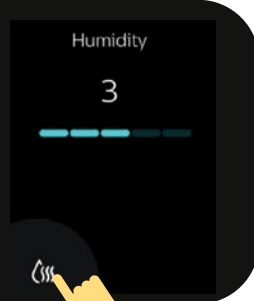
Once **Ramp Plus** is set, it will be saved and automatically activated for future therapy sessions without tapping the **Ramp Plus** icon again.



### Humidification (if available)

1. Tap the **humidification** icon to view your current setting.
2. Tap again until you reach a preferred moisture level.  
Humidification can be turned off or set from 1 (minimum) to 5 (maximum).

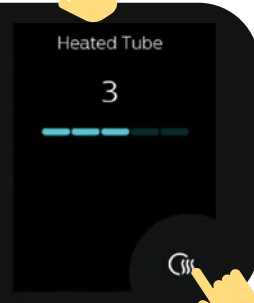
Once **humidification** is set, it will be saved and automatically activated for future therapy sessions.



### Heated tube temperature (if available)

1. Tap the **heated tube** icon to view your current temperature setting.
2. Tap again until you reach your preferred temperature. Heat can be turned off or set from 1 (minimum) to 5 (maximum).

Once the **temperature** is set, it will be saved and automatically activated for future therapy sessions.

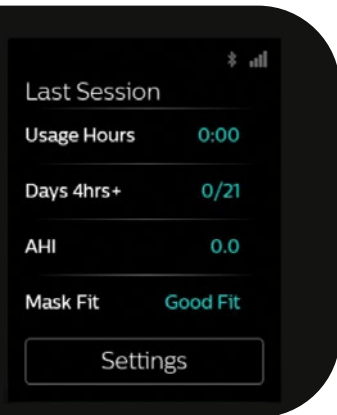


# Therapy data summary

To stop airflow, press the **Therapy button**. A summary of your therapy data will be displayed. Access to certain information will depend on what your provider has set.

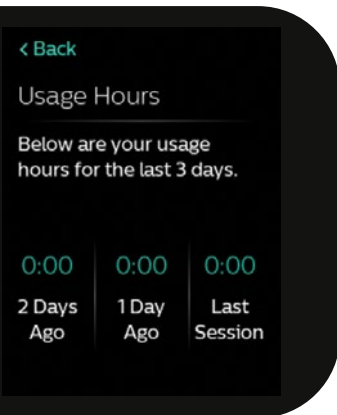
## Last Session screen

Information in **blue** indicates that you can tap to learn more or take action.



1

The **Usage Hours screen** displays the amount of time you received therapy in hours and minutes during your last 3 sessions.



2

The **Days 4hrs+** screen displays the total number of sessions lasting 4+ hours that you've had in the past 30 days. Once you have reached your goal, "Complete" will be displayed.

< Back

Days 4hrs+

Insurance requires at least 4 hours of use for 21 out of 30 days.

0/21

Days 4hrs+



3

The **AHI** screen displays the Apnea-Hypopnea Index (AHI) value for the most recent one-day time frame (if enabled by your provider).

< Back

AHI

This index represents the number of apnea and hypopnea events per hour of sleep.

0.0

Last Session

4

The **Mask Fit** screen displays how your mask fit during your last session. You can also run a Mask Fit check. Put on your mask and tap "Start" to initiate the Mask Fit check.

< Back

Mask Fit

You can check the fit of your mask prior to starting therapy.

Good Fit

Last Session

Start

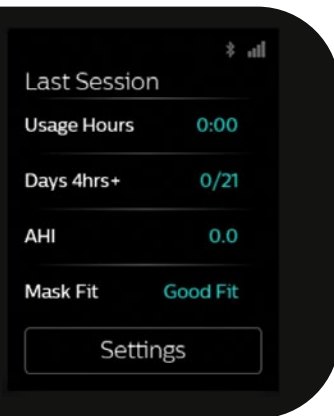
# Settings

## Comfort, device, and data

Access to certain information will depend on what your provider has set.

1

To make adjustments to settings and to access additional information, tap “**Settings**.”



2

Adjust available **Comfort settings**. Information in blue indicates that you can tap to make changes.

- Ramp Plus time and pressure
- Humidity
- Heated tube (if available)
- Tube size
- FLEX

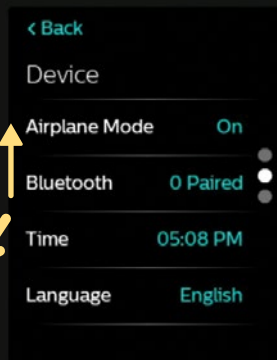




3

Swipe up to view additional device information like adjusting airplane mode, clearing Bluetooth pairings, and resetting time or language.

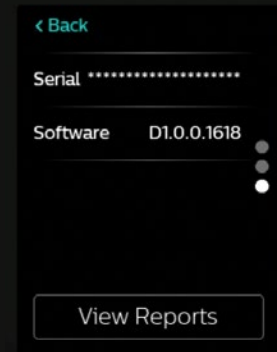
Tap on the information in **blue** to make changes. You can also view the device's serial number and software version.



4

Tap "**View Reports**" to select a date range and view additional therapy data summaries.

To exit out of **Settings** at any time, tap "**Back**" to return to the **Last Session** screen.



Consult your User Manual for detailed troubleshooting information.

# Cleaning and maintenance

To keep your device and components in good working condition, you must clean them regularly. It's also important for maintaining your good health.

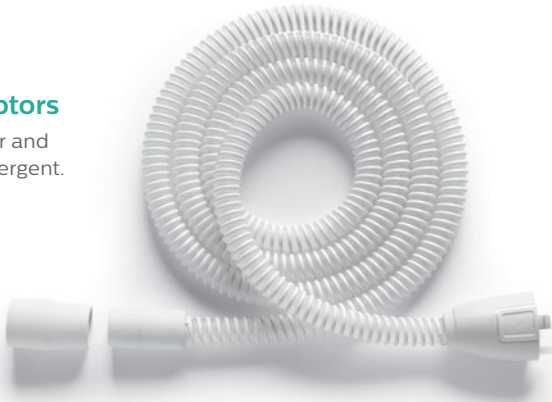
## **Humidifier water tank, seal, and lid**

Clean daily with water and mild dishwashing detergent.



## Tubing and adaptors

Clean daily with water and mild dishwashing detergent.



## Filters

Clean gray, reusable filter every two weeks with water. Replace every 6 months.

Do not clean blue, disposable filter. Replace every 30 nights.



**Consult your User Manual for detailed care and cleaning information.**



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